



asaya

## ASAYA MANDARINA

### *The Foundation of Your Well-Being*

Derived from the Sanskrit word that refers to setting an intention for self transformation, Asaya is a holistic, integrative wellness experience that fuses timeless local practices with cutting-edge wellness knowledge.

Located at the convergence of mountains, ocean, and agrarian flatlands, Asaya Mandarinina offers unique experiences inspired by the ancient wisdom of the Huichol community that inhabits Riviera Nayarit.

Our transformational, results-oriented healing journeys are intended to transcend the walls of the spa and guide you on a lasting path to self-discovery

## Skin Care Treatments

Essential Nurturing Skin Care	60 Minutes	\$ 5,845 MXN
	90 Minutes	\$ 8,715 MXN

Restores the energy, luminosity, softness and smoothness of the skin. Highly concentrated visible results in QAI Complex and extraordinary concentration of Triple collagen, a powerful antioxidant providing firmness and luminosity instantly.

Fresh & Tone Skin Ritual	60 Minutes	\$ 5,845 MXN
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This facial created with the beauty secrets of EviDenS de Beauté allows for such incredible results, with firming effects and an instant lift, inspired by the experience of The Special Mask, it is aimed at all ages and all skin types to provide ultra-refreshing instant visible results, illuminating the face with highly visible results.

The Detox & Purifying Ritual	90 Minutes	\$ 8,715 MXN
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A facial with innovative technology specially adapted for combination, oily, acne-prone skin and all kinds of imperfections associated with the anti-aging experience of EviDenS de Beauté. Expert blend of medical efficacy and luxurious pleasure, enriched with purifying and anti-aging ingredients. With revolutionary technology with immediate and long-term results for perfect skin

Essential Facial	30 Minutes	\$ 2,700 MXN
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A nourishing treatment that restores the skin's texture and tone, enhanced by a 7 minutes mask that provides hydration, purification, and anti-aging benefits.

## Massages

Personalized Tailored	90 Minutes	\$ 8,385 MXN
Restorative Massage	120 Minutes	\$ 11,175 MXN

This massage experience is a holistic approach to health and wellness that focuses on the body as a whole; rather than just treating the symptoms of a particular condition. With the intention to treat various medical conditions, including chronic pain, headaches, muscle tension, and stress, this experience provides the highest level of customization, allow our expert therapist to tailor your treatment according to your specific needs, leaving you feeling fully restored.

Sensorial Relaxing	90 Minutes	\$ 8,385 MXN
experience	120 Minutes	\$ 11,175 MXN

Its primary goal is to assist you in escaping the demands of their mundane tasks and taking quality time to recover from the stresses of everyday life. Including gentle strokes, kneading, and light, rhythmic tapping; this therapy focuses on providing general relaxation, relieving muscle tension and improving blood circulation, while your mind is calm

## Massages

Mara'akame Journey  
(Recovery Connection) 120 Minutes \$ 11,665 MXN

Peyote has been used for generations due to its natural medicinal power, and because of its psychotropic power it is used in psychotherapy and meditation. This species is in danger of extinction, and only the native Huichol are authorized to cultivate, transport and consume it. The Mara'akame experience seeks to relieve muscle tension and improve mobility in different areas of the body, It also has a calming effect on the nervous system, which helps reduce stress and anxiety, promoting a state of deep relaxation.

Tobacco Healing  
Massage 90 Minutes \$ 8,385

Tobacco is known for its benefits in treating skin problems, such as burns, rashes, bumps, etc. It is also used as a holistic herbal medicine therapy to promote health and energy balance, helping to reduce tension and promote mental calm. This experience begins with an application of warm oil on the skin with firm and long movements to prepare the body, then with special prepared herbal bags with tobacco, aromatic herbs, spices and essential oils specially selected according to your needs, a massage is provided alternating between gentle and firm pressure that stimulates blood circulation, improving the tissues oxygenation and toxin clearance. After the massage, the client may be wrapped in a warm blanket to enhance the effects of the treatment and allow for deep relaxation.

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ACTIVE

	DURATION	
<p>Bootcamp Experience</p> <p>Get your heart pumping with a challenging bootcamp session amidst our three ecosystems — beach, mountain, and flatlands. This adventure will test your endurance while offering spectacular views of Mandarin Bay.</p>	90 Minutes	\$925 MXN
<p>Wellness Fitness Experience</p> <p>Let us challenge you to have fun while rejuvenating your body. This calisthenics experience will return you to the most primitive instincts. Will you become a hunter, a stalker, or the prey?</p>	90 Minutes	\$925 MXN
<p>Personal Training</p> <p>Join us in our state-of-the-art gym facility for a rigorous strength and conditioning session. Tailored to your fitness level, the session focuses on building muscle strength and endurance using a blend of cardio and weightlifting exercises.</p>	60 Minutes	\$2,565 MXN
<p>Spiritual Connection</p> <p>In this meditation technique, practitioners focus on a personal mantra, repeating it silently during the session. We will help you create your own personal word without meaning that serves as a mantra you can turn to every time you require focus or rebalancing.</p>	60 Minutes	\$1,129 MXN

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ETIQUETTE

*Our spa environment is one of tranquility and relaxation.  
In consideration to other spa guests, please switch off cell phones.*

## ARRIVALS

For a more comprehensive journey, you are invited to arrive at least 30 minutes prior to your scheduled appointment to enjoy the wellness facilities and to consult with your therapist. Late arrivals will be accommodated within the scheduled treatment time; the fee will remain unchanged.

## SPA AMENITIES

On arrival you will be supplied with a luxurious bathrobe and sandals as well as a locker for your clothing and personal belongings. Ample soft cotton towels are provided throughout the spa area. Additional spa amenities such as deodorant, mouthwash, sanitary napkins, hair-styling products, and make-up remover are available upon request. Discreet disposable underwear is provided for all body treatments.

## SCHEDULING & CANCELLATIONS

We recommend advance reservation to ensure availability. If you wish to reschedule or cancel your reservation, please advise us at least 24 hours prior to the scheduled reservation time. No-show or lastminute cancellations will incur a 100% charge.

## IN-ROOM TREATMENTS

Asaya is pleased to offer in-room and in-suite massages. Extra charges may apply.

## CHILDREN

Young adults age of 14 and over are welcome to visit the spa facilities. Upon special request and under the supervision of a parent or guardian, we can accommodate treatments tailored to children under the age of 14.



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## ETIQUETTE

### JEWELRY

We recommend that no jewelry be worn to the spa. Management accepts no responsibility for the loss of valuables brought onto the spa premises.

### PREGNANCY

We have specially designed treatments for expectant mothers. Please allow us to assist you in selecting suitable treatments for this special time.

### HEALTH CONDITIONS

Kindly inform us of any allergies, injuries, or other considerations that may impact your treatment experience. We will be happy to advise safe options. Please consult with your physician before undergoing any treatment or using our facility.

### HOURS

Spa treatments are available from 9:00am to 5:00pm. That said, we will always attempt to accommodate in-house guests that require treatment, outside of these hours, provided sufficient notice. We recommend scheduling treatments well in advance to ensure availability and preferred appointment times.

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