



GUEST *EXPERIENCE* CALENDAR - *APRIL 2026*

HOTEL DINING

PAROS

Dinner 6:00pm - 10:00pm

SEAGRAPES

Breakfast 7:00am - 11:00am

Lunch 11:30am - 5:00pm

Dinner 6:00pm - 9:00pm

**Closed for Dinner from April 13-20, 2026*

EL BEMBÉ

Sunday - Wednesday 2:00pm - 10:00pm

Thursday, Friday & Saturday 2:00pm - 11:00pm

SUSHI

April 1 - 5, 2026

El Bembé 5:00pm - 10:00pm

THE BREAKFAST NOOK

April 1 - 5, 2026

Casa Grande 7:00am - 11:00am

IN-ROOM DINING

Available 24 hours

BAHÍA BEACH

BEACH CLUB

Wednesday, Thursday & Sunday 11:30am - 9:00pm

Friday & Saturday 11:00am - 9:30pm

COCOTEROS

Daily 7:00am - 6:00pm

SAND DOLLAR

Saturday & Sunday 12:00pm - 5:00pm

RESORT AMENITIES

RACKET COURTS

Courts & Equipment for Tennis, Padel & Pickleball

Daily 7:00am - 5:00pm

GOLF

Driving Range

Daily 7:00am - 6:00pm

THE SPA

Steam Room, Sauna, Cold Plunge & Jacuzzi

Daily 7:00am - 6:00pm

Spa & Salon Services

Daily 10:00am - 6:00pm

KIDS FOR ALL SEASONS

Sunday - Thursday 10:00am - 6:00pm

Friday & Saturday 10:00am - 9:00pm

PET SHELTER

Wednesday - Sunday

10:30am - 12:30pm

1:30pm - 3:30pm

Restaurant operating hours are subject to change



COMPLIMENTARY ACTIVITIES

MONDAY

10:00am - 11:00am
*Wellness Tea Gathering
at the SPA*

6:00pm - 9:00pm
*Live Cultural Music
at El Bembé*

TUESDAY

3:00pm - 4:00pm
*Piña Colada Workshop
at Seagrapes Bar*

3:00pm - 4:00pm
*Sip & Shop
at the SPA*

WEDNESDAY

10:00am - 11:00am
*Wellness Tea Gathering
at the SPA*

4:00pm - 5:00pm
*Pana Storytelling
at Seagrapes Pool*

THURSDAY

11:15am - 12:30pm*
*Nature Experience with
Bahia Soul Foundation at
Casa Grande*

3:00pm - 4:00pm
*Coquito Workshop
at Seagrapes Bar*

FRIDAY

11:15am - 12:30pm*
*Nature Experience with Bahia Soul
Foundation at Casa Grande*

3:00pm - 4:00pm
*Glow & Hydrate
at Pool Cabanas*

6:00pm - 9:00pm
*Live Latin Sounds
at El Bembé*

SATURDAY

9:00am - 10:00am
*Sound Healing
at Estate Lawn*

SUNDAY

10:00am - 11:00am
*Beach games
at Turtle's Nest*

3:00pm - 4:00pm
*Sip & Shop
at the SPA*

**Reservation required 24 hours in advanced*

HIGHLIGHTS

CARIBBEAN *GLOW* RITUAL

Indulge in a moment that renews your natural glow and inspires you to feel effortlessly relaxed.

The experience includes:

80-minute Caribbean Radiance Facial
50-minute Islander Nectar Body Polish
Wellness Drink

\$625 Per-Person

ISLAND *AURA* RENEWAL

Enjoy a deeply indulgent wellness escape that leaves you luminous, centered and renewed.

The experience includes:

50-minute Bahia Glow Facial
50-minute Foot Ritual
Wellness Drink

\$500 Per-Person

SHOP TO *UNWIND*

Enhance your stay with a touch of indulgence. Spend \$300 on retail purchases and receive a \$25 spa credit to enjoy during your next treatment. Shop premium products and elevate your spa experience with ease.

Enjoy a complimentary glass of sparkling as you browse during our Sip & Shop offerings on Tuesdays and Fridays at 3:00pm.

Offer valid on select retail brands.

FOUR SEASONS
CHAT



STAY
CONNECTED

