

EXPECTANT MOTHER

MOMMY BEAUTIFUL

Begin with a silky soft full body exfoliation to refresh and revitalize the skin, followed by a nurturing, customized massage designed to ease fatigue and bring comfort to the areas that need it most.

CRADLE

Prenatal massage is tailored specifically for the unique needs of expectant mothers. Using specially positioned cushions for ultimate comfort, our skilled therapists focus on easing tension, reducing swelling, and promoting relaxation.

ROSEWOOD EXPLORERS JUNIOR MENU

MOMMY OR DAD & ME MASSAGE

Embark on your spa journey with a duet relaxing massage. This shared experience is designed to cultivate connection and serenity, offering a meaningful moment of relaxation for you and your love ones in a setting of pure indulgence.

SEASIDE SUN SOOTHER

A sun soaked day by the pool or sea, restore and soothe your skin with our refreshing Aloe Vera Wrap an ultra cooling treatment designed to calm, hydrate, and revitalize sun kissed skin.

BLOSSOMS MINI FACIAL

A gentle, glow enhancing facial designed especially for young, delicate skin. A gentle cleanse, soothing hydration, and an introduction to mindful self care ideal spa journey.

ALABASTER MANI & PEDI

Luxurious salon experience where your hands and feet receive meticulous grooming, culminating in the application of your favorite signature polish.

ALABASTER MANICURE OR PEDICURE

Designed especially for little hands or Feet and featuring expert grooming and a choice of vibrant polish for a delightful, sparkling finish.

ROSEWOOD EXPLORER CUT & STYLE

Tailored haircut, delivered with delicate care while you are in paradise.

PET WELLNESS

BESPOKE PET MASSAGE

Created to soothe your pet, ease muscular tension, and enhance overall wellness perfect for encouraging calm and comfort.

90min 8,447

60min 5,343

90min 8,636

45min 6,531

45min 2,078

30min 1,781

60min 2,375

30min 1,484

1,781

25min 4,304

45min 5,667

BEAUTY

Ladies' Cut & Finish Hair 60min 4,426

Blow Out 60min 2,537

Men's Hair Cut 30min 1,484

Beard Trim 30min 1,484

Hair Lounge 30min 1,100

BRIDAL TO BE

Special Occasion Full Make-up 60min 5,937

Special Occasion Trial 60min 4,750

Up-do 90min 3,859

MAKE UP

Touch of Color 60min 4,750

NAILS SALON

Pedicure LVP 60min 2,672

90min 3,265

Heart in Hand Manicure 30min 1,349

60min 1,943

Polish Change 891

Gel Removal 459

Gel Polish 1,187

Paraffin Add On 528

Acrylic Nails Full Set 90min 3,265

Acrylic Nails Re-fill 60min 1,781

Acrylic Nails Full Set Removal 60min 1,484

WAXING

Full Back Wax 4,752

Full Chest Wax 4,752

Full Legs Wax 4,752

Bikini Wax 2,640

Brazilian Wax 3,960

SPA ETIQUETTE

The Spa at Las Ventanas is here to help you relax. In this environment of tranquility, we ask you to please respect other guests' right to privacy and quiet.

HOURS OF OPERATION

Spa: 9:00AM – 8:00PM

Please dial 1630/1631 for reservations.

Gym: 24 Hours

PRICING

All prices are in Mexican pesos, include TAX of 16% and service charge of 15%. The price in dollars will depend on the exchange rate of the day.

HAIR SALON & BEAUTY

Please call the Spa for more information on Salon, Beauty and Hair removal services.

ARRIVAL AND DEPARTURE

Please arrive at least 15 minutes prior to scheduled treatment to complete our health assessment and receive a brief introduction to your service.

SPA ENVIRONMENT

Please refrain from smoking and turn off or silence your mobile phone while around the spa.

SPECIAL CONSIDERATIONS

Most treatments can be customized to accommodate health concerns or previous injuries.

AGES

The minimum age for spa treatments is 18 years old.

Children ages 5 to 17 require a signed parental waiver, medical assessment and must have an adult present in the treatment room.

PETS

Pet massages are available exclusively in the privacy of your suite.

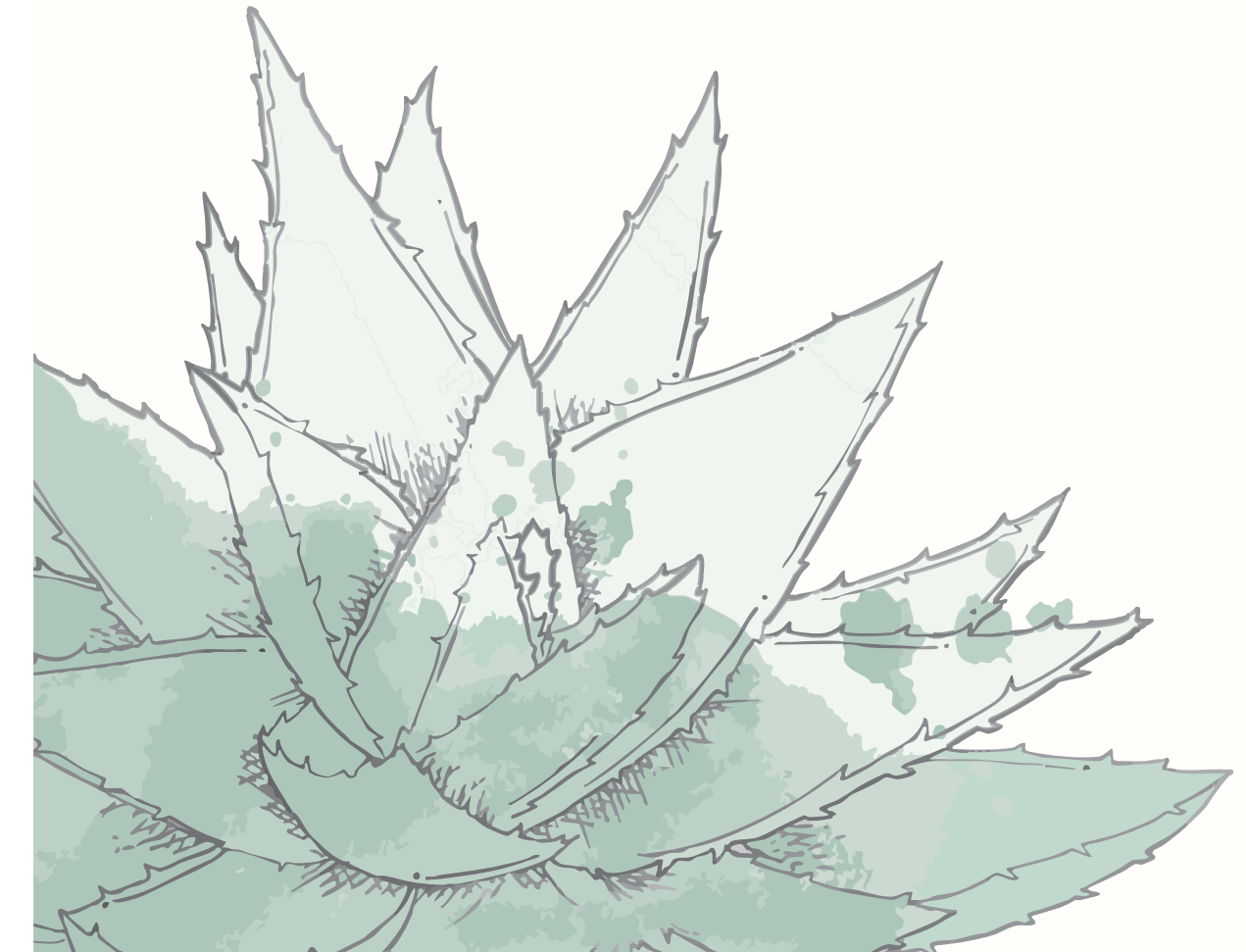
VALUABLES

Please store valuables in your private locker. The spa is not responsible for loss or damage.

CANCELLATIONS

We kindly request that cancellations be made at least 24 hours in advance. Cancellations within 24 hours will be subject to a full charge.

THE SPA AT LAS VENTANAS AL PARAISO



BESPOKE WELLNESS JOURNEYS

THE ESSENTIAL COLLECTION

An unforgettable wellness experience inspired by the spirit of renewal. A bespoke, artisan crafted body polish is then applied to awaken the senses, energize, and detoxify the skin. After a refreshing outdoor shower, indulge in a purifying wrap designed to illuminate and refine. The ritual concludes with a deeply soothing 90 minute full body massage.

3.5hrs 18,256

FOUR HANDS MEZCAL MASSAGE

Rooted in Mexican heritage and inspired by ancestral wellness rituals, this experience blends the potent elixir of mezcal with multi sensory massage odyssey. Two therapists create an unpredictably relaxing four hand sequence. It leaves your skin radiant, your mind serene, and your spirit reconnected.

90mins 15,720

STONES CBD MASSAGE

Melt into deep relaxation with this therapeutic massage that combines the healing properties of CBD and the acient power of stones. Tailored to soothe muscle tension, reduce inflammation, treatment will make you feel renewed and revitalized.

90mins 10,611

STRESS RELIEF

Crafted by the expert hands of Las Ventanas therapists, this signature treatment focuses on the upper body to melt away tension and stress. This restorative treatment use precise pressure points, targeted aromatherapy, and sound healing to release physical and emotional blockages.

90mins 10,480

BODY RITUAL

MILK & HONEY WRAP

An indulgent warmth of milk and honey in this deeply nourishing ritual. Your journey begins with a crystallized honey body scrub. Next, you will be drizzled in warm Baja honey and wrapped to enhance the skin softening effects of this sweet flower nectar. Therapist will indulge you with a scalp massage and the lavish experience concludes with a milk & honey bath, a refreshing rinse, and a deeply hydrating massage.

2hrs 11,280

FLOR DE LUNA

Delight in a fragrant full body exfoliation with our signature sugar scrub. Made from the Pitaya, and indigenous moonflower which blooms under the light of the moon, this custom blend polish will lend your skin a radiant glow. The treatment finishes with the application of hydrating and protecting skin moisturizing.

90mins 8,460

SUNSHINE RECOVERY

Soothe and restore sun-exposed skin with this cooling body therapy. Iced stones and a cooling body mask with a healing salve of aloe vera, this body therapy is designed to calm your skin and reduce discomfort caused by over exposure. While your skin recovers, enjoy a relaxing scalp massage and a targeted facial designed to support skin recovery.

90mins 8,460

HEALING TOUCH

INTUITIVE MASSAGE

Personalized healing massage, expertly blending therapeutic techniques to restore balance, release tension, and reenergize the body. All tailored to your individual needs.

90min 9,455

2hrs 11,577

LAS VENTANAS SIGNATURE MASSAGE

Let your breath deepen. Relax your mind as you regain a sense of inner balance. During this exceptional massage, your therapist will revisit areas of tension in your body, blending specific techniques to release stress and alleviate tired muscles. Harmony is achieved through rhythmic movements.

90min 9,455

THAI MASSAGE

A dynamic fusion of assisted yoga stretches and acupressure, this invigorating treatment uses hands, feet, and rhythmic movement to release tension, increase flexibility, and balance the body's energy flow. Performed fully clothed, without oils.

90min 9,715

RAINDROP AROMATHERAPY MASSAGE

Embark on a deeply restorative journey as ten therapeutic grade essential oils are gently dropped onto your body from short distance to imitate the feeling of raindrops along the spine. This aromatherapy experience enhances the body's natural defenses and calms the central nervous system. You will emerge profoundly rested.

90min 8,636

REFLEXOLOGY

Targeted foot therapy rooted in Traditional Chinese Medicine, stimulating pressure points to restore energy flow, balance the body, and induce deep relaxation.

30min 3,265

60min 3,265

SOOTHING HEAD MASSAGE

Through gentle, rhythmic movements and light fingertip pressure along the scalp, this soothing practice helps release stress and encourages the natural flow of energy throughout the body. It promotes deep relaxation and balance.

30min 3,265

BACK RELIEF

Surrender to the soothing power of an aromatic, anti-fatigue back massage infused with therapeutic essential balm. As skilled hands ease away tension, aches and fatigue melt into serenity.

30min 3,265

FOOT REVIVER

Expertise therapist will tailor a rejuvenating foot massage using swedish or acupressure techniques to release fatigue, improve circulation, and restore vitality from the ground up.

30min 3,265

WELLNESS FOR TWO

ROMANCE RITUAL

Delight in pure romance with this indulgent experience designed for two. Begin with a decadent, exfoliating body polish that leaves your skin silky smooth, followed by a deeply relaxing 90 minute full body massage side by side. A radiance boosting face splash follows, leaving you refreshed and glowing. Your journey concludes with our signature amenity and a serene rose petal bath for two to enhance connection.

3hrs 26,716

SEA & STARS

Unwind together with a bespoke couple's experience in a private room. Begin your journey with a deeply relaxing full body massage and then immerse yourselves in a romantic bath infused with our signature salts while savoring champagne and chocolate covered strawberries.

2hrs 18,998

SKIN HEALTH

BELLEFONTAINE

BESPOKE 360° DISCOVERY TREATMENT

After a careful analysis of your skin, your beauty therapist selects the Bellefontaine targeted products tailored to your needs and expectations in order to obtain an optimal bespoke result: the skin is rebalanced for an immediate and long-lasting result. Your skin is glowing with freshness and health.

60min 7,216

90min 10,098

ANTI-AGING CELLULAR TREATMENT "CELLSTEMINE"

Besides the amazing anti-aging performance, this treatment releases muscle tension, thanks to, energizing, detoxifying and stimulating massage techniques: the face, neck and décolleté are reshaped for an optimized rejuvenating effect. Skin is left looking plumped and smoothed, facial contours are reshaped and the skin texture is refined.

90min 10,375

SIGNATURE TREATMENT "LAS VENTANAS INSTANT GLOW FACIAL"

This treatment provides a comprehensive approach to overall rejuvenation. It commences with a therapeutic foot and neck massage to alleviate tension, followed by a revitalizing facial. This particular treatment is highly recommended following extended travels or in response to significant fatigue, as it promotes relaxation of facial features and envelops the body in a sensation of lightness.

90min 10,375

LUXURIOUS CAVIAR TREATMENT "TIME DEFYER"

This deluxe treatment with an exclusive encapsulation of three Caviars extracts, enriched with its precious oil, is a high-tech treatment that prevents and treats the visible signs of aging, thanks to our new synergy of ultra- targeted anti-aging components and massages. The skin is left comforted, radiant, visibly smoother and firmer, while fine lines and wrinkles are diminished.

90min 11,096

BELLEFONTAINE TREATMENT ADD ON COLLAGEN FACE MASK

This extraordinary mask acts effectively to slow down the aging process. Skin is left revitalized and deeply nourished.

1,840

ORVEDA

PROBLEM SOLUTION THERAPY

A purifying + detoxing facial, designed to cleanse without stripping. Ideal to achieve and maintain a healthy glow once a week and especially suited to oily or combination skin types.

30min 5,505

RECOVERY ANTI-FATIGUE REHAB

REPLUMP, RADIANCE, COMFORT. An essential recovery for compromised skin. A must before/ or after long-haul flight, to recover from jet lag or a short night or simply to heal the skin after aggressive aesthetic procedures.

45min 6,396

GLOW IS THE NEW LIFT

GLOW, LIFT, SMOOTH. A treatment to re-plump, lift, nourish reshape the contours. An intensive & comprehensive luxurious treatment that visibly replumps and lifts the skin by acting on all signs of aging.

60min 7,421