

GINKGOSPA

GINKGO SPA

WELLNESS, A STATE OF MIND,
A STATE OF BEING,
AN ALIGNMENT OF BOTH.

At Santa Marina's Ginkgo Spa, a two-day retreat or an hour-long treatment is about creating a moment to stop, to reflect, to recharge.

Combining the care and expert techniques of our well-trained therapists, with the most innovative formulas and signature treatment techniques, you will leave Ginkgo Spa rested, pampered and restored in body and spirit.



WELCOME TO GINKGO SPA

The inspiration behind Ginkgo Spa name is the Ginkgo biloba,
the oldest living tree species. A single tree can live as long as 1,000 years and
grow to a height of 120 meters. The Ginkgo leaf has been studied for medicine
but is also a meaning of love, a symbol of the union between old and young,
man and woman, past and present, human and divine, East and West.

Awaken in the morning. Rejuvenate at midday. Unwind in the evening.

It's your body's fundamental daily journey towards balance and it's the foundation
for everything we do at Ginkgo Spa. Against the vibrant hues of the Aegean Sea
and the Cycladic sun, where every detail has been seamlessly choreographed
to the science of time, resulting in the ideal state we call "harmonia".

Ginkgo Spa helps revitalize your spirit, expand your boundaries
and explore new ways to lead a healthier, more fulfilled life.
We offer a wide range of treatments to assure your visit will meet
your personal wishes - be it to Relax, Rejuvenate, Cleanse, Energize,
Hydrate or Detoxify. Using ESPA & 111SKIN spa products, our therapies
restore the balance between body and spirit and offer you a real
incomparable sense of luxury & beauty.



GINKGO SPA SIGNATURES

TRADITIONAL HAMMAM RITUAL

90 minutes

REJUVENATE

Discover the relaxing, smoothing and cleansing effects of a traditional hammam treatment.
Relax your body and soothe your muscles in the warm Steam Room prior to the therapy.
Experience the Ottoman tradition of cleansing that caresses the skin, revitalizes the body and calms the mind. This traditional experience starts by deeply cleansing the skin with a revitalizing body scrub, followed by a full body foam massage, nourishing marine mud body mask with aromatic oils of sweet orange and rose geranium, refreshing hair wash and hydrating conditioning scalp treatment.

Includes: Scrub – foam massage – hair wash and conditioning treatment – mud body mask – body cleanse

MOONLIGHT REST

80 minutes

UNWIND

Discover lasting relaxation for mind and body with this aromatherapeutic treatment.
Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

Includes: ESPA Full body restful aromatherapy massage with hot stones – scalp massage

GINKGO HARMONIA COUPLES MASSAGE

80 minutes

UNITY

Respond to the need for profound relaxation with this deeply restorative ritual, designed for couples or friends. Channeling the power of crystals and guided breathwork, this meditative experience blends full body and scalp massage with crystal singing bowls to transport you both to a serene, liminal space. Softly balanced between the conscious and dreamlike, it encourages a transcendent sense of tranquility and unity.

Choose your ESPA journey: Energising / Restorative / Restful

THAI YOGA MASSAGE

80 minutes

AWAKEN

The “Sacred Dance” of Nuad Boran, is a choreography that combines pressure in acupuncture points, palming across the meridians, stretches and passive yoga postures, ding to restore the energy flow of the body, mind and spirit. Stretches muscles and works like an applied yoga session.



ADVANCED SKIN HEALTH

WHAT IS HYDRAFACIAL SYNDEO™

HydraFacial is a unique non-invasive treatment for face and body that uses patented Vortex–Fusion® technology to deep-clean, exfoliate, and hydrate skin. It infuses the skin with powerful antioxidants, peptides and hyaluronic acid, leaving it refreshed, radiant and glowing.

WHAT MAKES HYDRAFACIAL SYNDEO™ UNIQUE

The unique Vortex–Fusion® delivery system is what sets HydraFacial apart from other resurfacing procedures. The magic is in the wand, which uses a series of unique HydroPeel® Tips. Each one has a specific use to clean, extract and hydrate the skin.

The spiral design of the HydroPeel® Tips is used in conjunction with the HydraFacial proprietary vacuum technology and serums. This creates a vortex effect to easily dislodge and remove impurities while simultaneously introducing hydrating skin solutions with potent antioxidants to penetrate deeper for immediate rejuvenation and instant gratifying glow making the most effective treatment possible.

- Delivering instant and long-lasting results
- Offers a wide variety of boosters tailored to different skin concerns.
- Enables facial treatments for individual skincare needs.
- Unlike harsh peels or extractions, the HydraFacial is gentle yet effective, delivering immediate brightness and smoothness without redness or irritation.
- No need to avoid sun exposure after treatment
- Targets fine lines, wrinkles and uneven skin tone, offering visible improvement after just one session.
- Perfect for all skin types

ADVANCED SKIN HEALTH

THE SIGNATURE HYDRAFACIAL

60 minutes

A rejuvenating skincare experience that deeply cleanses, exfoliates, and hydrates the skin. This advanced treatment uses powerful serums enriched with antioxidants, peptides, and hyaluronic acid, leaving your complexion refreshed, radiant and nourished.

THE GLOW HYDRAFACIAL

60 minutes

Reveal your skin's natural radiance with this invigorating deep-cleansing, exfoliating, and hydrating treatment. The Glow HydraFacial infuses the skin with antioxidants, peptides, and hyaluronic acid, leaving it refreshed, nourished, and luminous. Perfect for achieving a smooth, radiant complexion with an instant glow.

THE PLATINUM HYDRAFACIAL

90 minutes

Begin with soothing Lymphatic Drainage to reduce puffiness and provide the appearance of lifting and contouring. Afterward, reveal smooth texture and vibrant skin clarity with a cleansing, gentle extractions using Vortex–Fusion technology. Finally, targeted boosters and LED therapy enhance results for personalised skin concerns, and the treatment concludes by bathing the skin with nourishing hydration and antioxidants.

ADVANCED SKIN HEALTH

THE SANTA MARINA TOTAL GLOW

120 minutes

Indulge in a comprehensive skincare experience that rejuvenates and refreshes. This advanced Hydrafacial treatment targets the face, décolletage, glutes, and back, deeply cleansing, exfoliating, and hydrating each area. Using powerful Vortex-Fusion technology, it infuses the skin with antioxidants, peptides, and hyaluronic acid, leaving it smooth, radiant, and revitalized. Ideal for improving skin tone, texture, and hydration across multiple areas, this treatment offers an all-over glow and a feeling of total renewal.

THE LEG TREATMENT HYDRABODY

60 minutes

Revitalize and refresh tired legs with this targeted HydraBody treatment. Using advanced Hydrafacial technology, this treatment deeply cleanses, exfoliates, and hydrates the skin, leaving your legs silky-smooth and radiant. Infused with nourishing antioxidants, peptides, and hydrating serums, it helps improve skin texture, tone, and circulation—perfect for relieving fatigue and promoting a healthy, luminous glow. Ideal for those seeking smoother, rejuvenated legs with an instant boost of hydration and vitality.



WITH YOU IN A LIFE OF WELLNESS

Guided by 30 years' experience, ESPA fuses the values of its heritage with a unique approach to deliver complete skincare solutions, setting the pace for today's desire for total mind and body wellbeing. Guided by decades' worth of experience in delivering exceptional and personalised treatments to the world's leading spas, ESPA is proud to still be the chosen brand of the most prestigious spas and retailers around the world today.

Under the expertise of leading aromatherapists and biochemists, ESPA combines the wisdom from natural and effective therapies, with the scientific power of the purest natural ingredients, to create innovative products and treatment protocols. Informed by unsurpassed knowledge, every product is formulated with integrity and purpose; to deliver precisely the results promised to mind, body and spirit.

MASSAGE BY ESPA

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed, and you emerge energised with renewed focus and lasting positivity.

ESPA INNER CALM MASSAGE

50 / 80 minutes

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

Includes: Breathwork – full body aromatherapy massage – scalp massage with Rose Quartz Crystals

ESPA DEEP MUSCLE MASSAGE

50 / 80 minutes

Restore comfort, suppleness and movement with this intensely effective massage.
Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect.
Muscular pain is diminished, leaving you feeling stronger and more energised.

Includes: Targeted massage, focusing on areas of concern – scalp massage

ESPA MINDFUL POSITIVITY MASSAGE

80 minutes

Unwind and escape the pace of everyday life so you emerge experiencing a renewed sense of optimism and confidence. Calming both mind and body through guided breathing and visualisation, gentle strokes move across the feet using metamorphic techniques to rebalance and ground you before moving into a soothing full-body and re-energising head massage using warm rose quartz crystals.

Includes:Massage to metamorphic zones of the feet - Uplifting full-body massage - Head massage

FACIALS BY ESPA

Reveal skin that glows each day with natural health and beauty.
By assessing your skin, lifestyle and wellbeing needs, our ESPA experts create a truly personalised, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

ESPA INNER BEAUTY

50 minutes

Deeply cleanse, hydrate and renew with this instant results facial.
Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

Includes: Skin analysis with Skin Vision™ lamp – triple cleanse – exfoliation facial massage – personalised mask – scalp massage.

ESPA INTENSE REGENERATING FACIAL

90 minutes

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial.
Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened, and your skin is left feeling beautifully refined, soft and supple.

Includes: Skin analysis with Skin Vision™ lamp – triple cleanse – exfoliation – age-defying facial massage – mask – scalp massage - LED

FACIALS BY ESPA

ESPA ACTIVE NUTRIENTS, GLOW FROM WITHIN FACIAL

50 minutes

This invigorating nutrient-rich treatment embraces ESPA's holistic approach to restoring radiance, feeding your skin and your mood so your face glows with vitality. Dull, lethargic complexions are brightened and refreshed with the power of a sweeping Rose Quartz Gua Sha massage which stimulates the lymphatic and circulatory systems, helping boost the flow of blood and nutrients to the skin. Concentrating on your scalp, face, neck and décolleté and combining steaming, exfoliation and multi-masking to maximise results, the body, mind and skin feel renewed while your face has a lit-from-within luminosity.

Includes: Skin analysis with Skin Vision™ lamp – cleanse & exfoliation Gua Sha facial massage – double mask – hand & arm GuaSha massage

ESPA NATURAL FACE LIFT

80 minutes

Reveal visibly resilient, healthy-looking, youthful skin.
This powerful specialised facial is the complete approach to skin health using cutting edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age defying techniques inspired by Japanese Kobido massage, along with stimulating Jade rollers give instant results, leaving the skin firm, lifted and beautifully radiant.

Includes: Skin analysis with Skin Vision™ lamp – double cleanse – steam – Japanese Kobido inspired facial massage - stimulating Jade rollers - sculpting & lifting massage techniques – Lifting & Smoothing Mask – scalp massage

Note: For all above facials if steam and extraction are required the treatment is extended to an extra 20 minutes.



BODY RITUALS BY ESPA

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

ESPA PRE-NATAL RELAX & RESTORE

80 minutes

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, most gentle formulas smooth and nourish skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation.

Includes: Back exfoliation (if required) – focused body massage – scalp massage

ESPA DETOXIFYING BODY COCOON

50 minutes

A full body treatment providing an intense detox and vitality boost. Designed for those who live a fast-paced lifestyle, overindulge all too often, feel lethargic or have a sluggish digestive system. This treatment is the perfect kick-start to a healthy eating program or to accompany a detox regime.

Includes: Skin brush, body exfoliation, detox algae wrap & scalp massage

ESPA OCEAN GLOW SALT & OIL SCRUB

25 minutes

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

Includes: Skin brush - salt & oil full body exfoliation



111SKIN
HARLEY ST. LONDON

CLINICALLY INSPIRED. SCIENTIFICALLY LED. DELIVERS SUPERIOR RESULTS.

111SKIN is the authentic Doctor driven skincare brand, founded by US and European board-certified plastic surgeon Dr. Yannis Alexandrides M.D F.A.C.S Dr. Yannis has a 360 vision of aesthetics that includes surgical and non-surgical treatments. As a practising surgeon, Dr. Yannis saw the opportunity to develop skincare treatments that complement and recreate the results of his aesthetic procedures.

Dr. Yannis' vision has established him as a pioneering innovator and revolutionary in the industry. 111 SPA/CLINIC disrupts the industry standard of spa treatments with a luxurious, yet results-driven approach. 111SKIN utilises technology and treatments to achieve similar results to 111 Harley Street in an experiential and sensorial manner, whilst delivering wellness grounded in science.

111SKIN MASSAGES WITH AROMATICS

THE VITALITY EXPERIENCE

50 minutes

UPLIFT, REJUVENATE, ENERGISE

Inspired by Dr. Yannis' childhood in Greece, this massage purifies and energises. Utilising the vivid herb of sweet Marjoram and warm stones, the treatment captures the verve and vitality of Greece with its optimistic scents, cooling oils and traditional, tension-relieving techniques.

THE SERENITY EXPERIENCE

50 minutes

NURTURE, COMFORT, GROUND

Designed to alleviate emotional stress as much as physical, this healing massage draws upon Rose Quartz and a seductive blend of Jasmine, Tuberose and Lime Blossom applied with a light effleurage technique, helping to calm, centre and create a tranquil energy in both body and mind.



111SKIN FACIAL TREATMENTS

All facial treatments utilise signature massage techniques, exclusive formulas and 111SKIN skincare for clinical-level results. Our comprehensive menu is tailored to be appropriate for all skin types, ages and concerns. Facials range from fortifying the epidermal barrier, clarifying the complexion, brightening the tone and lifting tired, ageing skin. Our signature facial steps and multi-masking ensures all skin types receive a customised approach.

REPARATIVE FACIAL

50 minutes

RESTORE, REPAIR, HEALING

A high-performance facial formulated with powerful antioxidants to neutralize free radical damage and to repair irritated skin. This double clinical cleanse treatment, with deep tissue muscle massage, harnesses the 111SKIN signature NAC Y2 complex – our original Dramatic Healing Serum formula - to strengthen and the after restore skin's lipid barrier and prevent further inflammation. Using a combination of restorative ingredients from our Reparative Collection, the facial also targets skin issues such as dehydration, sensitivity and rosacea for skin that feels and looks calmer and deeply hydrated.

GLASS BRIGHTENING FACIAL

90 minutes

SMOOTH, BRIGHTNESS, SOOTHE

A transformative facial utilising 111SKIN's latest innovations in formulation and technology to attain the most sought-after 'glass skin complexion'. Gentle but deep and effective exfoliation to smooth and refine the skin is followed by ultrasonic infusion of brightening actives to enhance and illuminate. Signature massage tools and manual techniques are used to sculpt and articulate facial features, with bespoke master masking of the eyes, face, neck and decolletage applied to enhance the complexion even further. During masking, an exfoliating and brightening ultrasonic hand treatment allows illuminated gestures to match the face. Advanced actives and protocols within this treatment hydrate, refine and plump the skin, whilst enhancing the microbiome and skin barrier to create an evenly toned and reflective complexion.

111SKIN FACIAL TREATMENTS

DE-PUFFING CRYO FACIAL

90 minutes

REGENERATE, REVIVE, ENERGISE

Cryotherapy uses cooled, purified air, which has an outstanding revitalising and energising effect on the skin. Inspired by whole body cryotherapy, this treatment will increase microcirculation in the skin to reduce puffiness and detoxify. Perfect for the night owl or jet-lagged traveller to help their skin counteract pollution and everyday aggressors, the De-puffing Cryo Facial will brighten the skin by increasing oxygen flow. Created to work with the Cryo machine, this treatment is a true gymnastic workout for the skin like no other. Cold, purified air from the machine massages the face, oxygenating the skin and enabling a better absorption of 111SKIN active ingredients, during but also after the facial. Firm and fresh, skin is exfoliated with a double cleanse and left reduced in both inflammation and water retention.

BLACK DIAMOND NON-SURGICAL LIFT FACIAL

80 minutes

LIFT, FIRM, TIGHTEN

Our most comprehensive anti-ageing facial, this luxurious experience harnesses 111SKIN's most potent collection – the Intensive Collection – to encourage a youthful, sculpted and firmer appearance. A series of thoroughly active steps, including the brands accelerated peel and antioxidant-rich formulas are aided through diamond absorption. A combination of the wrinkle minimising wand massage and signature massage ensure the skin is fresh and taut, sculpting along the natural contours of the face.

Note: For all above facials if L.E.D is required the treatment is extended to an extra 20 minutes.

111SKIN BODY TREATMENTS

Inspired by surgical and non-surgical procedures performed at 111 Harley St., 111SKIN non-invasive body treatments combine the potent actives of exclusive, medical-strength products with targeted massage techniques to ensure visible results you can also feel. Just like Facial Aesthetics, Body Aesthetics range from targeted treatments that focus on specific sections of the body to opulent full-body experiences. With 111SKIN signature multi-masking for the face, our body treatments offer visible results and a top to toe experience.

BLACK DIAMOND SCULPTING TREATMENT

50 minutes

LIFT, TIGHTEN, NOURISH

Opulent and indulgent, a powerful body treatment that delivers dramatic results from 111SKIN's Intensive Collection to shape, smooth and saturate the skin with nourishment. Through signature massage techniques and potent professional formulas, the result is a smoother, sculpted and more radiant-looking figure.



111SKIN BODY TREATMENTS

CRYOTHERAPY SCULPTING TREATMENT

90 minutes

REGENERATE, RELAX, REPAIR

A true top-to-toe exclusive experience is available at Santa Marina, Mykonos. Anti-cellulite massage involves compressing muscular body parts strong and rhythmic enough to increase microcirculation then we use 111SKIN Cryotherapy machine to relieve puffiness, detox, soothe tired legs and ease jet lag and travel weariness. An application of Celestial Black Diamond Sculpting Body cream rehydrates, nourishes for all-around anti-aging benefits. The skin is not forgotten with a mini CRYO facial with deep tissue facial massage customised to your needs, using 111SKIN signature CRYO face mask to hydrate, de-puff and firm.

RADIANCE BODY TREATMENT

90 minutes

SOOTHE, SCULPT, ILLUMINATE

An indulgent full-body ritual utilising 111SKIN's Radiance Collection and soothing aromatic practices. Consisting of a total body exfoliation, brush, and calming massage with our decadent Rose Gold Oil – this treatment restores positive energy and infuses the skin with radiance. It also includes the gentle application of a Rose Quartz Brightening Mask and a reviving back and chest massage with Rose Quartz crystals, for a deeply tranquil experience that leaves skin glowing from the inside out.



FITNESS & WELLNESS

Our Fitness Center is equipped with state-of-art result-oriented fitness equipment, targeted to achieve your wellness goals. This equipment includes cardiovascular, strength and flexibility equipment from the Technogym® Artis range.

PILATES

Focus on strengthening the body, improving posture and increasing flexibility through control and fluidity exercises. Our instructors guide you through personalised sessions in the Pilates studio or in your suite, focusing on developing your abdominal strength, stability and balance. You'll finish each session feeling stronger and more connected to your body.

PERSONAL TRAINING

Our coaches are driven by excellence and fuelled by passion to give you the coaching and results youre looking for. Each coach specialises in a variety of individual training methods designed to optimise your bodys appearane and performance, helping you create powerful change in your body and mind.

YOGA

Experience a unique mind-body connection, either in the fitness studio or in your suite. Our teachers guide you through personalised sessions, helping you improve your flexibility, strength and balance - as well as reducing stress, promoting relaxation and helping you achieve a state of holistic well-being.

BEAUTY ESSENTIALS

MANICURE

A full manicure treatment including cuticle work, exfoliation, nourishing hand mask and hand massage, followed by an application of nail varnish of your choice.

Luxury Manicure
French Manicure
File & Polish
Shellac
Shellac Removal

PEDICURE

A full pedicure treatment including a cuticle work, exfoliation, personalized foot mask followed by a relaxing foot massage and application of nail varnish of your choice.

Luxury Pedicure
French Pedicure
File & Polish
Shellac
Shellac Removal

WAX DEPILATION

Upper Lip
Chin
Bikini Line
Brazilian
Calves
Full Leg
Eyebrows Threading
Armpits

TINTING

Eyebrow Tint
Eyelash Tint
Brows & Lashes Tint

HAIR SALON

FOR LADIES

Shampoo & Styling
Cut, Shampoo & Styling
Shampoo & Haircut
Extensions Styling
Colour Shine
Colour Full Head (Shampoo)
Colour Roots (Shampoo)
Highlights Full Head
Highlights Half Head
Gala Hair
Special Make Up
Bridal Hair
Bridal Make Up

**Hair and eyelashes extensions on request.*

FOR MEN

Shampoo & Blow Dry
Shampoo & Haircut
Shampoo & Colour
Trim Beard

TREATMENTS

Advanced Booster
Botox Treatment
Hydration Treatment
Dry Scalp Treatment

HOW TO SPA

OPENING HOURS

Spa treatments: 10:00am - 8:30pm
Hair Salon: 12:00am - 8.30pm
Wet facilities: 10:00am - 8:00pm
Fitness Center: 24 Hours

SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact
our Wellness Experience Agent who will guide you to the right choice:
Dial: 310 from your room, **Call:** +30 22890 23411, **Email:** spamykonos@santa-marina.gr, **WhatsApp:** +30 6985178142
We request a credit card guarantee to secure all spa treatments and packages at the time of booking.

ARRIVAL TIME

Please allow sufficient time before your treatment to complete a Spa Consultation Form.
We recommend you arrive 20 minutes in advance of your treatment so that you may change,
relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time.
Ginkgo Spa will provide towels, robes and slippers and any amenities required for use during your spa visit.

CANCELLATION POLICY

A 100% charge will be incurred for any treatment cancelled less than 12 hours prior to your scheduled time
as well as in non-show. Late arrival will shorten your treatment time.

MINIMUM AGE REQUIREMENTS

Spa guests should be 16 years of age and over to receive any spa service. Spa guests between 7 to 15 years of age
are welcome for Massages, accompanied by an adult parent or family member, who would need to sign the waiver
and remain in the treatment room. The use of wet facilities is permitted to guests over 16 years of age at all times.

SPA FACILITIES AND ACCESS

The following spa facilities are available at Ginkgo Spa: sauna, steam room, hammam massage,
gym, nail spa, hairdresser, relaxation area and changing facilities.

VALUABLES

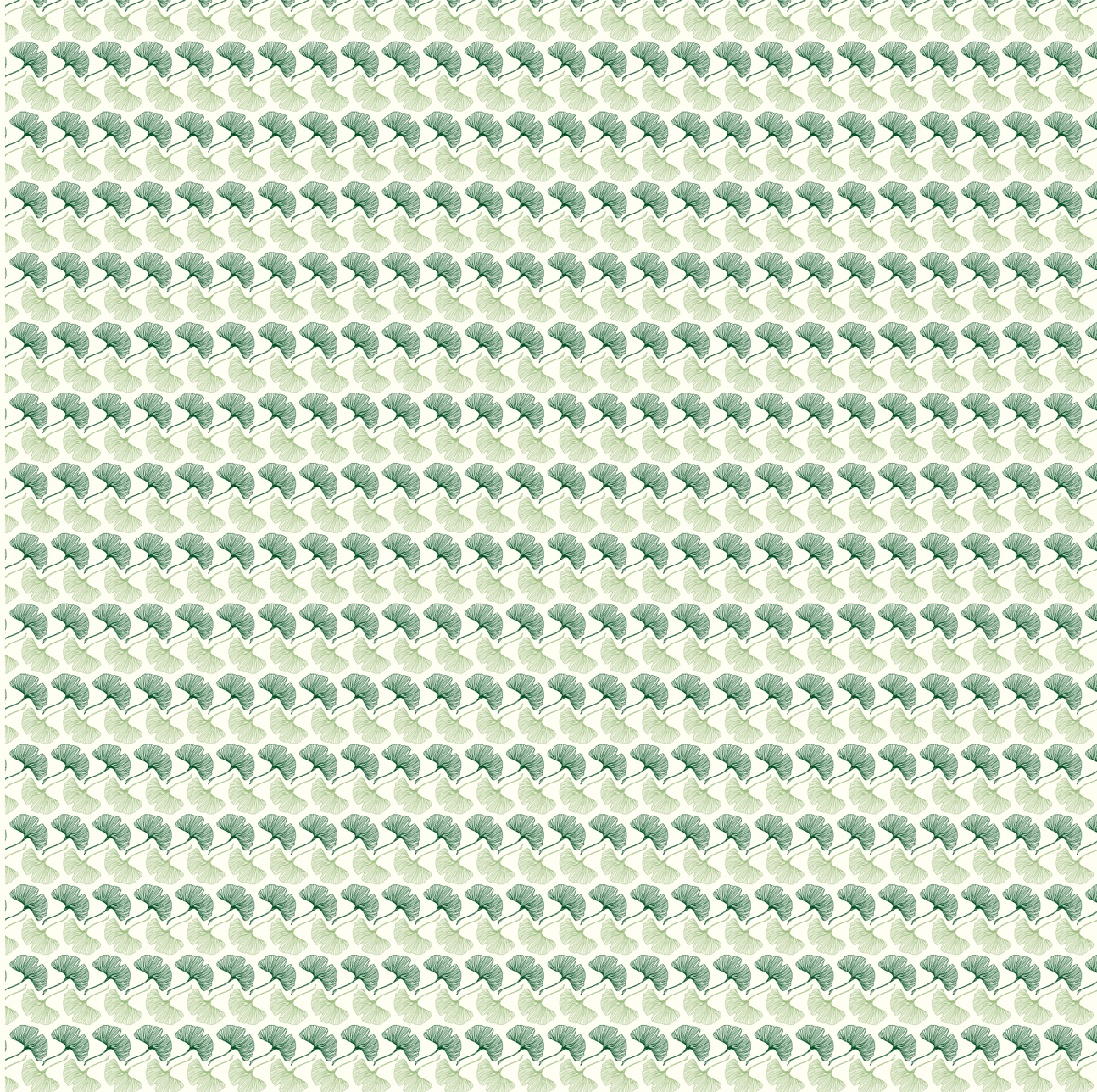
A locker is available at the Spa changing facilities. The spa accepts no responsibility for loss
of valuables and jewellery at any time on the spa premises.

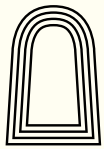
FITNESS CENTER

A state-of-the-art gym equipped with a variety of cardiovascular and strength machines and free weights area.
Personal trainers are on hand to help our guests prepare for specific goals or assist with the creation
of a life-changing fitness routine.

PREGNANCY

We have specially designed treatments for expectant women or nursing mothers.
Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.





SANTA MARINA

MYKONOS

SANTA MARINA, A LUXURY COLLECTION RESORT, MYKONOS
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